

## Parent Resources

<p>National Association of School Psychologists (NASP) Guide on Talking to Children on COVID-19</p>	<p><a href="#"><u>Talking to Children About COVID-19 (Coronavirus): A Parent Resource</u></a></p>	<p>Please follow this link to find tips and suggestions for parents regarding the current events. This is a wonderful parent resource. There are additional links to resources on coping strategies regarding these current events.</p>
<p>The Ohio State University Wexner Medical Center</p>	<p><a href="#"><u>OSU Medical Center- Talk to your kids!</u></a></p>	<p>How to talk to your children about the coronavirus and ease their anxiety</p>
<p>Autism Research Institute</p>	<p><a href="#"><u>Home All Day: Webinar</u></a></p>	<p>Webinar on 3/18/2020, 1 PM EST. Schedule changes and unexpected closings due to the spread of Coronavirus can present special challenges for individuals on the autism spectrum. Tune in to hear ideas for erasing anxiety, scheduling daily activities, and staying busy during challenging times</p>
<p>The National Child Traumatic Stress Network</p>	<p><a href="#"><u>NCTSN</u></a></p>	<p>Provides information for parents and caregivers about infectious disease outbreaks in your community. Knowing important information about the outbreak and learning how to be prepared can reduce stress and help calm likely anxieties. This resource will help parents and caregivers think about how an infectious disease outbreak might affect their family— both physically and emotionally—and what they can do to help their family cope.</p>
<p>EdSurge</p>	<p><a href="#"><u>EdSurge</u></a></p>	<p>‘Students Are Lonely:’ What Happens When Coronavirus Forces Schools Online</p>
<p>CDC</p>	<p><a href="https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf"><u>https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf</u></a></p>	<p>COVID-19; 10 Things to Manage Your Health at Home</p>

Health Care For All	<a href="https://www.hcfama.org/helpline">https://www.hcfama.org/helpline</a>	If you or anyone you know does not have health care coverage, or if anyone needs help with eligibility and enrollment into health insurance/safety net programs
AMEN CLINIC	<a href="https://www.amenclinics.com">https://www.amenclinics.com</a>	Brain Health and support for Adults and Children.
Comcast	<a href="https://variety.com/2020/digital/news/comcast-free-broadband-low-income-households-coronavirus-1203532765/">https://variety.com/2020/digital/news/comcast-free-broadband-low-income-households-coronavirus-1203532765/</a>	Comcast is offering free/reduced price internet for low income for those who are working/studying remotely

### Local Mental Health Resources

Baycove Emergency Services Team	800 981 4357 49 Hillside St., Fall River (located at Corrigan Mental Health Center)	In case of a mental health emergency
Solid Ground Psychotherapy (Fall River)	<a href="tel:508-679-4333">508-679-4333</a>	Offering telehealth Counseling services
Family Resource Center (Fall River)	<a href="tel:508-567-1735">508-567-1735</a>	Goal is to support families and strengthen their bonds. Connect to other in the community and provide mental health services as well as Parenting Programs, Support Groups, EI Services and much more.
Balanced Learning Center	<a href="https://www.facebook.com/balancedlearningcenter/?ref=aymt_homepage_panel">https://www.facebook.com/balancedlearningcenter/?ref=aymt_homepage_panel</a>	Offering virtual groups and lessons throughout the next few weeks

### Social Distancing

Quarantine/Social Distancing	<a href="#">Social Distancing</a>	Giant list of ideas for being home with kids
Social Distancing: This is not a snow day!	<a href="#">Social Distancing</a>	Information about flattening the curve

## Cleanliness

Video Modeling for Hand Washing	<a href="#">Video On Teaching Hand Washing</a>	A resource that describes how to teach hand washing to students.
Hand Washing Tips	<a href="#">Hand Washing</a>	This is a hand washing resource for parents to refer to.
ABA Visualized	<a href="#">Handwashing 2</a>	Task Analysis for Handwashing with Pictures
CDC	<a href="https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf">https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf</a>	Stop the spread of germs - help prevent the spread of respiratory viruses like COVID-19
Kids Health	<a href="https://kidshealth.org/en/kids/coronavirus-kids.html?ref=search">https://kidshealth.org/en/kids/coronavirus-kids.html?ref=search</a>	Coronavirus: Kids Health

## Social Stories/Resources about Coronavirus

Social Story for Young Learners (Prek-2)	<a href="#">Young Student Social Story</a>	This is a social story that provides simple pictures and a limited amount of words for young students to understand why they do not have school.
Basic Picture Social Story	<a href="#">Social Story #2</a>	This is a social story with pictures that describe the virus. This social story provides step by step ways to keep safe with clean hygiene practice and interaction with peers.
My Coronavirus Story	<a href="#">Social Story #3</a>	This is another social story that uses pictures and words to describe the virus. Additionally, this also discusses how schools may close.
All About COVID-19	<a href="#">Social Story #4</a>	Here's a free social story and comprehension check, with pictures, that can be downloaded for free from Teachers Pay Teachers
One Page Description for Parents to Read to Students	<a href="#">One Page Description</a>	This is a one page description to explain why students are not in school. This also addressed why students may do some school work from home. Parents can use the language presented in this description to help facilitate conversation with their child..

Julia Cook	<a href="#"><u><i>The Yucky Bug</i></u></a>	A story called <i>The Yucky Bug</i> illustrated by students from an elementary school. The well-known author, Julia Cook wrote this story with the help of some creative students!
HuffPost Life	<a href="#"><u>Huffpost</u></a>	How to talk to your kids about the disease
Talking to Your Child About the Virus	<a href="#"><u>Talking to Children About the Virus</u></a>	This is a resource on how to talk to students about the virus.
Autism Speaks	<a href="#"><u>Autism Speaks Resource on COVID-19</u></a>	This is a resource on how parents can address the overall COVID-19 concern with their child.
Child Feeling Anxious?	<a href="#"><u>Just For Kids: A Comic Exploring The New Coronavirus</u></a>	Here's some great information if your child is feeling anxious about Coronavirus. This is a comic that provides great information to kids

### Home Supports

Example Daily Schedule	<a href="#"><u>Daily Schedule</u></a>	This is an example daily schedule to use for students during time off. This will assist parents in keeping a routine going for students.
Weekly Scheduling Template	<a href="#"><u>Weekly Scheduling Template</u></a>	Here is another scheduling resource. This is a template from Teachers Pay Teachers. You can print this template and write in plans by day to continue with a consistent and predictable routine.
Teach Mama	<a href="#"><u>Daily Schedules</u></a>	A variety of daily schedules for your child/children
Big Life Journal	<a href="#"><u>My Daily Learning Projects</u></a>	This includes a visual for daily learning projects that can be filled out each day.
Autism Research Institute	<a href="#"><u>Home all Day: Basic Supports</u></a>	Home all day-- basic supports and strategies to get us through and keep us sane
Camp Discovery	<a href="#"><u>Camp Discovery</u></a>	This app is free and only requires an e-mail to set up. It uses behavior analytic strategies within the app (e.g., errorless learning, within stimulus prompts, error corrections) and offers a variety of skills to work on (e.g., sight words, color id, letter id, emotions, body parts)

Easterseals Illinois Autism Partnership	<a href="#">School Closure Kit</a>	This toolkit includes visual supports for children with autism to use during the COVID-19 school closures.
Newark Schools	<a href="#">Math Games</a>	Here's a whole list of math games!
Janita Sullivan	<a href="#">Choice Boards</a>	Grades 1-5 choice boards
<b>Counseling/SEL</b>		
Whole Child Counseling	<a href="#">Whole Child Counseling Resources</a>	Coronavirus resources for kids, parents, and educators
100 Free Coping Strategies	<a href="#">100 Coping Strategies For Kids</a>	Here is a list of 100 coping strategies that may be helpful! While your child is at home, practice these different coping strategies! You don't have to use the term "coping strategy," rather you can just frame it as doing something fun. This is from Teachers pay Teachers
Teachers Pay Teachers	<a href="#">SEL: things to do at home</a>	Here is a free resource from TPT that includes 30 things we can do for our emotional health   SEL Resource list
Pathway to Success	<a href="#">Pathway to Success</a>	100+ Free Social Emotional Learning Resources
CenterVention	<a href="#">Social Emotional Learning</a>	<p>Centervention offers a free <b>Social Emotional Learning Activities</b> page. You will find free resources – lessons, activities, and printable – in the following skill areas: <a href="#">Communication</a>, <a href="#">Cooperation</a>, <a href="#">Emotion Regulation</a>, <a href="#">Empathy</a>, <a href="#">Impulse Control</a>, and <a href="#">Social Initiation</a>.</p> <p>These resources are age-appropriate for elementary and middle school students and are typically used in a classroom or a small group setting. And in most cases, if materials are required for the activity, they are items that you already have in your classroom or office or home.</p>

Schoolpsychtalk	<a href="#"><u>Instagram: school psychtalk</u></a>	To help with the impact of sudden school closures Cassandra Mastracy started a new Instagram account- schoolpsychtalk - to provide social-emotional lessons and resources to families with young learners.
The Social Express	<a href="#"><u>Social Express</u></a>	Online social skills will be provided utilizing this link for until April 15th
Danica Perez	<a href="#"><u>Journal</u></a>	Emotional Check-In & Mindfulness Journal
Danica Perez	<a href="#"><u>Bingo</u></a>	Self-Care Bingo Card
Starr Commonwealth	<a href="#"><u>Starr</u></a>	<p>During this time of uncertainty and potentially traumatic consequence, Starr Commonwealth is committed to supporting teachers and other caring adults in whatever way we can. To best assist educators poised to provide the nurturing foundation our children need, they are offering their online course Trauma-Informed Resilient Schools to anyone interested in the underlying traumatic roots of behavior, as well as the key components necessary to allow students to flourish.</p> <p>Use the coupon code <b>TRAUMAINFORMED</b> at checkout to receive Trauma-Informed Resilient Schools free of charge.</p>
Alyssa Bellardino	<a href="#"><u>Daily SEL Challenge</u></a>	She created a social and emotional choice board for her kids to do at home! Feel free to share out with friends. We're in this together! She will be posting free resources and ideas on her Twitter if anyone is interested! (BuzzingwithBellardino)
	<a href="#"><u>The Tapping Solution</u></a>	Over 2.5 million people have gone through online events, courses, and trainings of the Tapping Solution. Now the app is making it easier than ever before to use tapping to lower stress levels, reduce anxiety, get motivated , get

		better sleep, eliminate negative emotions and much more!
<b>Educational</b>		
Online Learning Resources	<a href="#">Online Learning</a>	Here is a list of free online resources from companies offering free access to their educational platforms during this time.
Kids Activities	<a href="#">Kids Activities</a>	Here's the entire list of education companies offering free subscriptions due to school closings
BrainPOP Video for Students	<a href="#">BrainPOP Video</a>	This is a BrainPOP (educational video) regarding the virus. This is a 4-minute video and may be most appropriate for our older learners.
PBS Kids	<a href="#">PBS Kids How to Talk to Kids about the Coronavirus</a>	There is an abundance of resources from PBS kids. There is a great article for parents on how to talk to students about the virus with simple strategies to use.
List of Online Resources "Amazing Educational Resources"	<a href="#">Online Educational Resources</a>	Here is a full list of online resources offered for <b>free</b> during this time. Similar to this page, this google document highlights links to access and provides descriptions of each link provided.
BitsBoard	<a href="#">BitBoard Games + Education</a>	Here, students can play dozens of highly engaging min-games for all ages; download thousand of carefully curated lessons across hundreds of subjects
Everyday Speech	<a href="#">Everyday Speech</a>	Online curriculum for teaching social-emotional skills across Pre-K – 12. You can sign up for their free trial that look a variety of skills under social-emotional learning (e.g., conversation, school rules, situational awareness, perspective taking, friendship)
Play. Learn. Practice. Repeat from Turtle Diary	<a href="#">Educational Kid Games</a>	Here are fun educational and online games for kids. This site can be used as an exciting way of learning with the help of fun online games, videos, experiments, puzzles, coloring sheets, and more.
Mystery Science	<a href="#">Learning about Science</a>	Free, easy science for remote learning.

BrainPOP online Learning	<a href="#">BrainPOP</a>	They are providing free access for those who are affected by school closure. They have a variety of learning materials your children can access.
Khan Academy	<a href="#">Khan Academy</a>	There is a free version geared towards Pre-K- 1 <sup>st</sup> called Khan Academy for Kids. There are a ton of resources provided by them and parent videos too!
Twinkl	<a href="#">Twinkl Online Learning</a>	Online teaching resources for free for 3 months!
The Autism Helper	<a href="#">Autism Helper</a>	Free educational downloads
Scholastic	<a href="#">Scholastic Learn @ Home</a>	Day-to-day projects to keep kids reading, thinking, and growing.
Engineering Activities for Kids	<a href="#">Engineering Activities</a>	Here is a list of engineering activities that can be completed while under quarantine
Special Kids Advocate	<a href="#">Special Kids Advocate</a>	Resources available for Math, Science, Reading, Writing, and Social Studies
ABC Mouse	<a href="#">ABC Mouse</a>	You can try ABC mouse for free for 30 days. It includes educational games, books, puzzles and more
We are Teachers	<a href="#">We are Teachers</a>	Free online learning resources for teaching your students virtually
Swing Education	<a href="#">Online Learning Resources</a>	20 online learning resources to get you through Coronavirus school closures
National School Choice	<a href="#">School Resources</a>	37 Free Online Resources for Schools Shifting Online During Coronavirus
School Bells N Whistles & The Bender Bunch	<a href="#">4 Weeks of Home Learning</a>	Four weeks of Home Learning: Free interactive reading notebooks



Prodigy	<a href="#"><u>Prodigy</u></a>	The engaging, curriculum-aligned math platform loved by over 50 million students, teachers and admins. No cost, ever.
Study Jams	<a href="#"><u>Study Jams</u></a>	Here you can watch a variety of videos over math and science concepts
Vooks	<a href="#"><u>Vooks</u></a>	Get one month free! Storybooks Brought to Life A kid-safe, ad-free streaming library of read-aloud animated storybooks.
Special Kids Advocate	<a href="#"><u>Special Kids Advocate</u></a>	Resources available for Math, Science, Reading, Writing, and Social Studies
STEM lessons by Jeffrey Groff	<a href="#"><u>STEM Lessons</u></a>	Free STEM lessons for k-12 students starting @ 10:00am on Monday 3/16
Andrea Barron	<a href="#"><u>Math</u></a>	K-5 Math Choice Menu
Stephanie Modlin	<a href="#"><u>Reading Journal</u></a>	Reading Journal for E-Learning
Megan Iemma	<a href="#"><u>Online book resources</u></a>	Being able to access both audiobooks and eBooks online can help in lots of different situations. Here are some websites etc that can help for both students and adults access these sites.
Michele Martin-Luck	<a href="#"><u>History Reading or TPT</u></a>	Michele has just set her March History Reading Bundle to FREE. There are readings for each day of the month and they are all about events from that day in history. Included is a student guide for reporting on what they read that could also be used for any other current events. They

		are designed for 5th grade, but could work with other grades depending on reading level of your students. Text boxes are added into the student guide and she made enough pages for 4 weeks to match the number of days in the set.
Katie Mense	<a href="#"><u>TPT</u></a>	Emergency Send Home Lesson Plans for Kindergarten
Age of Learning	<a href="#"><u>Age of Learning</u></a>	Age of Learning provides schools closed due to the coronavirus with free home access for all affected families to leading digital education programs ABCmouse, Adventure Academy, and ReadingIQ. Programs serve students in preschool / pre-k, elementary school, and middle school
Ms. Pickles	<a href="#"><u>PowerPoint</u></a>	Learning in a fun way. PP presentation for daily activities for kindergarten students!
Parlay	<a href="#"><u>Parlay</u></a>	Free for everyone until at least Mat 15 <sup>th</sup> ! This puts your students and their unique perspectives at the heart of learning and gives you the data you need to help them grow!
Communication and Behavior Solutions	<a href="#"><u>Free digital Activities</u></a>	These resources were originally created with the thought that other speech therapists could use them in their <a href="#"><u>#telepractice</u></a> sessions, but they can also easily be used by parents at home. While the activities are geared toward speech and language practice, they can also just serve as a fun activity if you're looking for creative ways to pass the time
	<a href="#"><u>Author Permissions</u></a>	Author Permissions- Book Reading Recordings

Pernille Ripp	<a href="#">Online Stories</a>	A list of online stories (e.g., picture books read aloud)
Bloglovin	<a href="http://frame.bloglovin.com/?post=7375745405&amp;blog=4572363&amp;frame_type=none">http://frame.bloglovin.com/?post=7375745405&amp;blog=4572363&amp;frame_type=none</a>	I created BRAND NEW Listen and Learn activities to be used AT HOME or in the classroom. There are five different activities reviewing English Language Arts and Math. I'm hoping parents or teachers can use one each day, and then I hope to have a second set available for next week.
<b>Exercise, Yoga, &amp; Music</b>		
At Home Gym Class//Therapeutic Fitness	<a href="#">Behavior Change Gym Classes</a>	Here is a link where you can sign up to receive a short workout for your kids to do in the comfort of your home and will also learn about a social skill or an emotional regulation skill for the day worked in. Beginning March 17 <sup>th</sup> for 2 weeks
Fluency & Fitness: Helping students exercise their brains and bodies	<a href="#">Fluency &amp; Fitness</a>	They are giving families 21 days of free unlimited access to their site during school closures. There are online access to 60+ reading and math topics, video library with over 900 videos to review 365+ skills, access to all K-2 content, incorporate learning + movement, while keeping your child engaged and having fun
Rob Pohlner	<a href="#">Fitness</a>	Here you will find a variety of games (e.g., Card Sharks Fitness, Exercise Bingo, Fitness Monopoly, PE Choice board)
GoNoodle	<a href="#">GoNoodle</a>	Here are a variety of videos that are fun and interactive for you and your children.
Mr. Jon & Friends' Facebook Page	<a href="#">Mr. Jon &amp; Friends</a>	Weekday Live Stream with Mr. Jon and Friends from March 16 <sup>th</sup> - March 27 <sup>th</sup>
Cosmic Kids!	<a href="#">Yoga</a>	YouTube videos around yoga, mindfulness and relaxation specifically for your children aged 3+
Yoga classes by Michelle	<a href="#">Online Live Yoga Classes</a>	Michele Bickley is a Yoga instructor and is planning to do some kids yoga online.

The Lighthouse Wellness		Offering virtual yoga and meditation classes
Be Light yoga Center		Offering virtual yoga and meditation classes
All That Matters Yoga		Offering virtual yoga and meditation classes
<b>Other Activities</b>		
Google's Top Museums—Virtual Tours	<a href="#">Virtual Museum Tours</a>	Stuck at home? Here are 12 famous museums offering virtual tours. Experience museums from London to Seoul in the comfort of your own home
Cincinnati Zoo	<a href="#">Cincinnati Zoo</a>	Join us for a Home Safari Facebook Live each weekday at 3pm where we will highlight one of our amazing animals and include an activity you can do from home. Join us starting Monday, March 16 at 3pm for our first Home Safari- featuring Fiona!
Virtual Field Trips	<a href="#">Virtual Field Trips</a>	Over 30 virtual field trips with links (e.g., Mars, the Zoo, and more!)
Adventures in Familyhood	<a href="#">20 Virtual Field trips</a>	Virtual field trips are a great way to expose kids to new places all from the comfort of home. In this age of technology, so many museums, zoos and aquariums have set up virtual tours and webcams of their facilities. Now more than ever, is it easier to visit destinations around the world from the comfort of your couch.
The Met Opera: Streaming Live	<a href="#">Metropolitan Opera</a>	<p>The Met Opera will host “Nightly Met Opera Streams” on its official website to audiences worldwide.</p> <p>These free streams will present encores of past performances from its famed Live in HD series. The encore presentations will begin at 7:30 p.m. each night on the company’s official website and will then be available for an additional 20 hours thereafter. Each showcase will also be viewable on the Met Opera on demand apps</p>

History for Kids	<a href="#"><u>History for Kids</u></a>	This website is packed with articles, worksheets and even a quiz on each section. You will find cool games, videos, worksheets on many historical events that will help you understand those that have gone before us
National Geographic Kids	<a href="#"><u>National Geographic</u></a>	This could be your way to take daily adventures with your children in the comfort of your home.
Libby	<a href="#"><u>Libby</u></a>	You can read and listen to books for free.
Saved You a Spot!	<a href="#"><u>Screen Free Activities</u></a>	Here is a list of 20 screen-free things to do with your kids indoors
Home School Hideout	<a href="#"><u>Educational Shows on Netflix</u></a>	Here is a list of 150 educational shows/movies that are on Netflix
Enrichment Activities: School Closure	<a href="#"><u>150+ Enrichment Activities</u></a>	Here is an excel file that includes 150+ enrichment activities for children while parents are working remotely!
Smore	<a href="#"><u>Dealing with COVID-19</u></a>	Curated resources for those working with individuals who have developmental disabilities.
TheLivBits... Lets Keep Reading	<a href="#"><u>Authors</u></a>	Here is a list of authors that will be reading on their pages
NPR	<a href="#"><u>NPR: A Comic</u></a>	Just For Kids: A Comic Exploring The New Coronavirus
Cara Carroll	<a href="#"><u>Virtual Learning Resources</u></a>	30 Free Virtual Learning Resources for COVID-19 school closures

### Art Activities

The Rustic Orchid Creative Workshops	<a href="https://www.youtube.com/c/WildFreeandCrafty">youtube.com/c/WildFreeandCr afty</a>	Free online art lessons for students.
McHarper Manor	<a href="#">Art Classes</a>	Online art classes for elementary age kids, just purchase the supplies ahead of time. They will be at 1 pm EST and have the week of projects listed.
SkillShare by Kris	<a href="#">SkillShare</a>	Here is a watercolor class on SkillShare. You can get SkillShare free for 2 months
Kris Loya Art & Illustration	<a href="#">Watercolor Classes</a>	Artist Kris Loya will also be doing some live watercolor classes starting Saturday 3/14 at 7:30pm and during the shut-down
Splotch Monster Island	<a href="#">Splotch Monster Island</a>	Art classes on Facebook
Play Learning	<a href="https://playinglearning.com/coloring-sheet.php?i=coronavirus-coloring-page-03">https://playinglearning.com/col oring-sheet.php?i=coronavirus-c oloring-page-03</a>	Coronavirus coloring page

### Family Resources

CDC	<a href="#">Resources for Home</a>	Resources for home. Plan, prepare, and respond to Coronavirus Disease
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### Other Available Resources

COVID-19 Information and Resources for Schools and School Personnel	<a href="#">US Dept. of Education</a>	A variety of resources provided around COVID-19.
The New York Times	<a href="#">Teaching, Learning and Thinking Critically</a>	Coronavirus Resources: Teaching, Learning and Thinking Critically
CDC	<a href="#">CDC Schools and Childcare Programs</a>	You can help protect your family from COVID-19 by practicing and promoting everyday healthy habits. Use this checklist to plan

		and take action if a COVID-19 outbreak occurs in your community
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